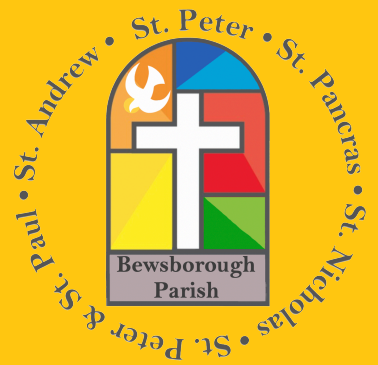


# The Bewsborough Parish Post

A newsletter for the Churches in Barfrestone,  
Coldred, Eythorne & Elvington with Waldershare,  
Shepherdswell and Whitfield



Issue 28 | 1st August 2021



# Sunday Worship

## Sunday August 1st Trinity 9

There will be no ZOOM service this week

9.00	St. Nicholas, Barfreston	Matins	Jenny Groombridge
10.30	St. Peter, Whitfield	Holy Communion	Revd. Brian Duckworth

## Sunday August 8th Trinity 10

9.00	St. Pancras, Coldred	Holy Communion	Revd. Sean Sheffield Revd. Philip Buss [preaching]
10.30	St. Andrew, Shepherdswell	Holy Communion	Revd. Sean Sheffield Revd. Philip Buss [preaching]

## Sunday August 15th Trinity 11 / THE BLESSED VIRGIN MARY

9.00	St. Nicholas, Barfreston	Holy Communion	Revd. Sean Sheffield
10.30	St. Peter & St. Paul, Eythorne & Elvington	Service of the Word	Derek Bilbrough

## Sunday August 22nd Trinity 12

9.00	St. Pancras, Coldred	Matins	Revd. Stewart Carolan-Evans
10.30	St. Peter, Whitfield	Holy Communion	Revd. Sean Sheffield

## Sunday August 29th Trinity 13

10.30	St. Peter & St. Paul, Eythorne & Elvington	Holy Communion	Revd. Stewart Carolan-Evans
10.30	St. Andrew, Shepherdswell	Service of the Word	Revd. Brian Duckworth

Each week one of our 10.30am services of worship will be live streamed to Zoom. If you are unable to join us for gathered worship in one of our Church buildings, please join us online.

This can be accessed by clicking on the link below, or by using the meeting ID details:



zoom

[Click Here](#)

Meeting ID: 815 6800 0756 Passcode: 109568

Whilst we will do everything possible to limit any technical difficulties, please bear with us as we work out the technical solutions. There may be occasions where things don't go completely to plan!







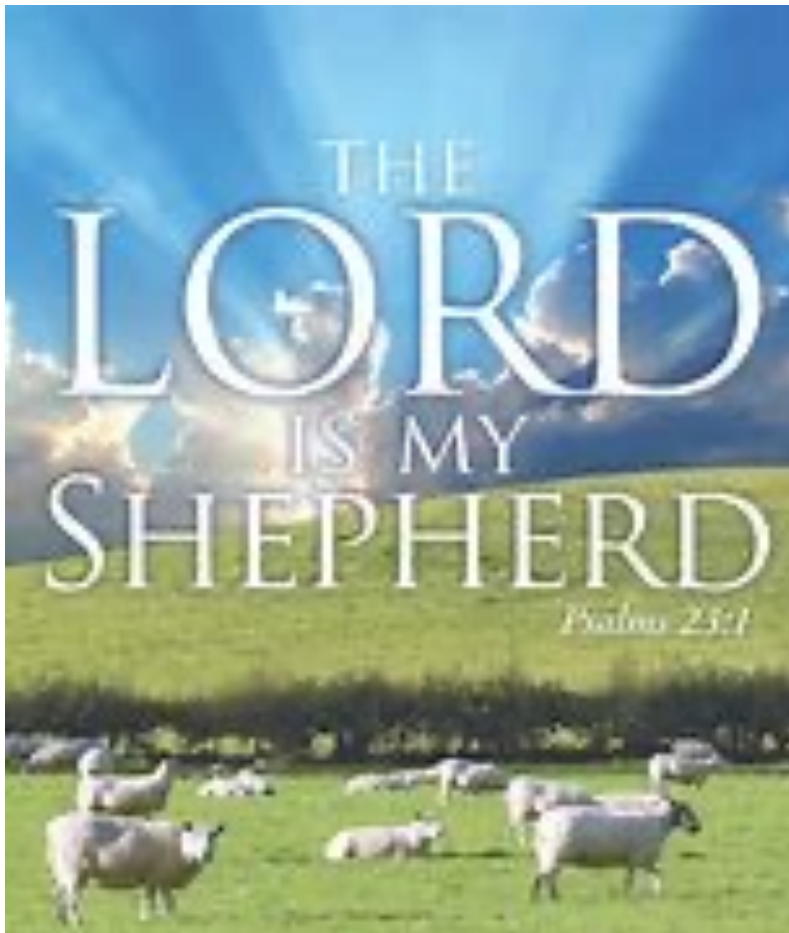
## Poetry, Psalms and Prayers

### Psalm 23

The Lord is my shepherd;  
I shall not want.  
He makes me to lie down in green pastures;  
He leads me beside the still waters.  
He restores my soul;  
He leads me in the paths of righteousness  
For His name's sake.

Yea, though I walk through the valley  
of the shadow of death,  
I will fear no evil;  
for You are with me;  
Your rod and Your staff, they comfort me.

You prepare a table before me in the presence  
of my enemies;  
You anoint my head with oil;  
my cup runs over.  
Surely goodness and mercy shall follow me  
all the days of my life;  
And I will dwell in the house of the Lord  
forever.



### A Prayer for August

Father God,  
During this time where many families are  
spending time together, we lift those to  
you who do not live in a happy home.  
We ask for your protection over the  
abused, your relief for those struggling  
with addiction, your peace for those with  
mental health issues, your love for those  
who feel lonely and uncared for and your  
refuge for those without a place to call  
home.  
Help us to help those in need around us.  
Thank you Father God. Amen.

### Loaves and Fishes

By David Whyte

This is not  
the age of information.

This is **NOT**  
the age of information.

Forget the news,  
and the radio,  
And the blurred screen.

This is the time of loaves  
and fishes.

People are hungry,  
and one good word is bread  
for a thousand.



# PRAYER POWER!

**"I pray because I can't help myself. I pray because I'm helpless. I pray because the need flows out of me all the time - waking and sleeping. It does not change God -it changes me." ~ C.S. Lewis**

## **For Your Prayers This Month**

We have one wedding in the Parish this month. Please pray for  
**Will and Jess**  
as they begin their married life together.

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We're welcoming many new members in to God's family this month!  
Please pray for all those being baptised in the Parish, and their families:

**Callie-Mae & Charley Stephens**  
**Evie Dunbar**  
**Oliver Smith**  
**Savannah Annemie**  
**Isaac Fagg**  
**Lily Reeve**  
**Myleigh Marie & Arlo Leigh Garrett**

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# EYTHORNE BAPTIST CHURCH HOLIDAY BIBLE CLUB

*Presents*

Wed, Thurs, Fri  
25th - 27th August  
10am - 12:30pm  
And Sunday finale 29th  
Aug, 11am,  
Followed by family BBQ

Ages 4-11  
With  
under 4 crèche, and  
coffee tent

# GOD

## THE

# MASTER BUILDER

Register on-line at [eythornebaptist.org/holiday-club](http://eythornebaptist.org/holiday-club)



Eythorne Baptist Church, Chapel Hill, Eythorne, Kent. CT15 4AY

*No Lego characters were harmed during the creation of the universe.*



## 7



## **Psalm 145:10-19**

All your works praise you,  
Lord; your faithful people  
extol you.  
They tell of the glory of your  
kingdom and speak of your  
might,  
so that all people may know  
of your mighty acts  
and the glorious splendor of  
your kingdom.  
Your kingdom is an  
everlasting kingdom,  
and your dominion endures  
through all generations.  
The Lord is trustworthy in  
all he promises  
and faithful in all he does.  
The Lord upholds all who fall  
and lifts up all who are  
bowed down.  
The eyes of all look to you,  
and you give them their food  
at the proper time.  
You open your hand  
and satisfy the desires of  
every living thing.  
The Lord is righteous in all  
his ways and faithful in all he  
does.  
The Lord is near to all who  
call on him, to all who call on  
him in truth.  
He fulfills the desires of  
those who fear him; he hears  
their cry and saves them.

## **Ephesians 3:14-end**

For this reason I kneel before  
the Father, from whom every  
family in heaven and on  
earth derives its name. I  
pray that out of his glorious  
riches he may strengthen  
you with power through his  
Spirit in your inner being, so  
that Christ may dwell in  
your hearts through faith.  
And I pray that you, being  
rooted and  
established in love,  
may have power, together  
with all the Lord's holy  
people, to grasp how wide  
and long and high and deep

is the love of Christ, and to  
know this love that  
surpasses knowledge—that  
you may be filled to the  
measure of all the fullness of  
God.

Now to him who is able to do  
immeasurably more than all  
we ask or imagine, according  
to his power that is at work  
within us, to him be glory in  
the church and in Christ  
Jesus throughout all  
generations, for ever and  
ever! Amen.

## **John 6:1-21**

Some time after this, Jesus  
crossed to the far shore of  
the Sea of Galilee (that is,  
the Sea of Tiberias), and a  
great crowd of people  
followed him because they  
saw the signs he had  
performed by healing the  
sick. Then Jesus went up on  
a mountainside and sat down  
with his disciples. The  
Jewish Passover Festival  
was near.

When Jesus looked up and  
saw a great crowd coming  
toward him, he said to Philip,  
“Where shall we buy bread  
for these people to eat?” He  
asked this only to test him,  
for he already had in mind  
what he was going to do.  
Philip answered him, “It  
would take more than half a  
year's wages to buy enough  
bread for each one to have a  
bite!”

Another of his disciples,  
Andrew, Simon Peter's  
brother, spoke up, “Here is a  
boy with five small barley  
loaves and two small fish, but  
how far will they go among  
so many?”

Jesus said, “Have the  
people sit down.” There  
was plenty of grass in that  
place, and they sat down  
(about five thousand men

were there). Jesus then  
took the loaves, gave  
thanks, and distributed to  
those who were seated as  
much as they wanted. He  
did the same with the fish.  
When they had all had  
enough to eat, he said to  
his disciples, “Gather the  
pieces that are left over.  
Let nothing be wasted.” So  
they gathered them and  
filled twelve baskets with  
the pieces of the five  
barley loaves left over by  
those who had eaten.  
After the people saw the  
sign Jesus performed,  
they began to say, “Surely  
this is the Prophet who is  
to come into the world.”  
Jesus, knowing that they  
intended to come and  
make him king by force,  
withdrew again to a  
mountain by himself.  
When evening came, his  
disciples went down to the  
lake, where they got into a  
boat and set off across the  
lake for Capernaum. By  
now it was dark, and  
Jesus had not yet joined  
them. 18 A strong wind  
was blowing and the  
waters grew rough. When  
they had rowed about  
three or four miles, they  
saw Jesus approaching  
the boat, walking on the  
water; and they were  
frightened. But he said to  
them, “It is I; don't be  
afraid.” Then they were  
willing to take him into  
the boat, and immediately  
the boat reached the shore  
where they were heading.



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# Sunday Sermon

by Jan Griffin

Our Gospel reading today is a very familiar one, we might wonder what there might be that is new in this for us today? I believe that the Gospels although set in a particular time, speak directly to each one of us afresh in our current time and they never become dry or stale.

I wonder if I might ask you to consider all three of our readings today, I include the Psalm, as a sort of 'Sandwich'?

In one slice of 'bread', The psalmist tells of God's glory, His capacity, trustworthiness and His enormous generosity. 'All your works praise you, Lord.....The eyes of all look to you and you give them food at the proper time'.

Our second 'slice', from Paul's letter to the Ephesians also tells of the magnitude of God's grace. 'How wide and long and high and deep is the love of Christ.' It contains also that wonderful doxology, to which we will return.

Keeping with the 'Sandwich' metaphor then, our Gospel reading provides the abundant 'filling' to help feed us today.

As you will know the four Gospels have their differences. There are some common accounts of key events – Our Lord's preaching in Galilee early in His ministry there. His entry into Jerusalem riding on a donkey, the Lord's Supper (albeit in a different form in John), His betrayal, arrest and trial before Pilate, His crucifixion, death, laying in the tomb and His resurrection. These are of course all so key to our faith that this is not unexpected. What then do we make of the feeding of the five-thousand, the only miracle that occurs in all four Gospels?

We all know the story – of course we do: Big crowd, no food, a few loaves and fishes, miracle, feeds everyone, lots left over.

Perhaps in our assumption about the familiar 'story' we fail to open ourselves to what more this account has to say? Does it suggest something of the significance of this event, so much so that it is in all four Gospels, that might also be key to understanding the mind and will of Christ for us, here in church today, in Bewsborough Parish and in our communities?

In John's Gospel account we have a very specific place, the hillside above the Sea of Galilee, on the Eastern side. Jesus has crossed over to the 'far shore' and those who had seen his healing miracles have followed him. Sitting on the hillside or mountainside, Jesus sees the huge crowd approaching. We are presented with two things, Jesus' concern for the welfare of the people and something of his 'testing' of his disciples.

'Where can we buy bread?' He asks Philip – a good person to ask as Philip came from Bethsaida, a town only about 8 miles away. Philip who had presumably been with Jesus when miracles were performed, perhaps forgot that, and immediately started calculating the cost. Two hundred denarii -about eight month's wages would not be enough for more than a single mouthful for each person. Perhaps he knew they had that amount of money in the purse, perhaps it was a measure of needing a large amount of money to feed the crowd – they did not have 'enough'!! With our own 'practical' and 'prudent' hats on, perhaps we would give up at that point too! There is 'not enough'. But Philip has been alongside Jesus, how limited is his imagination at this point! The resources are all there, but he and perhaps the others cannot see that.



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Andrew, spots a boy with a small amount of food but agrees with Philip – it is not enough. The disciples will actually have had more resources themselves than the small boy, but deeming it ‘not enough’ they give up, giving nothing. How often do we think we cannot give ‘enough’? I may not be the only one to sometimes set aside the Christian Aid, Red Cross or Unicef appeal letter until ‘later’ when I might be able to give more. Often with the result that it is forgotten and nothing is given.

If the boy with the food had thought in the same way the bread might have been stale and the fish rancid. Instead, he seems to willingly hand over his food – five small barley loaves and two small fish. Not much, but all he had.

The boy, the child, not even counted in the 5,000 ‘men’ who were gathered, gave what he had.

The miracle is not just in the tearing apart and sharing of loaves and fishes so many times it fed everyone but that there was such an abundance that no-one was hungry and 12 baskets of food were left over. Does this illustrate something of the incredible generosity of God’s love for us? That he can take a tiny offering, willingly given as was the child’s, and multiply and multiply creating more than we might imagine is possible? The same generosity in the ‘filling’ of our sandwich as is in the two ‘slices’ of bread of the Psalm and the epistle. The generosity that takes that which was ‘not enough’ to make it become so much more than enough!

The people were understandably impressed and we are told that Jesus knew they were about to thrust onto him a worldly glory, authority, today we might liken it to ‘celebrity’. Their imagination was limited too, they could not understand the full picture and that Jesus was not the sort of ‘king’ they expected and wanted. Unlike many who might succumb to such an ego boost Jesus sets a different example, he withdraws. He has provided the food, the ‘sandwich’ and does not need to stay around to receive that kind of glory. He quietly slips away so that the crowds do not follow him. He must have gone alone as the disciples, we are told, later take a boat to cross back to Capernaum without Him.

In the dark one of the sudden storms which can spring up on the Sea of Galilee does so when they are some miles from the shore. Some of the disciples would have been familiar with the Sea and with storms, we are not told they are frightened of the storm but of the sight of a man walking towards them.

Just as Philip and Andrew did not recognise the power of Jesus to feed the hungry, neither do the disciples recognise that it is Him walking on the water, until he says to them ‘It is I, do not be afraid’, at which point they take him into the boat and Immediately reach the shore to which they are heading. Do not be afraid, He says, to them and to us, again and again.

The disciples see but do not understand. They experience but do not expect. They just don’t ‘get it’. They are reluctant, as we often may be to give the little they have because they, and we, fear it is ‘not enough’, so nothing is given.

Jesus will take what we offer and can use it, He can multiply and multiply and multiply! And He will come to us across the stormy seas of our lives, if we let Him.

The feeding is immediate, the landing on the other side is immediate.

When we look around us the thought of feeding the hungry is overwhelming. Christian Aid estimate that 1 in 9 are hungry or undernourished, more than 41 million people in 43 countries are teetering on the brink of famine.



In this country we know that many are in food poverty. We might understandably think that we cannot feed them, we do not have 'enough' that our faith, is asking the impossible but our 'not enough' in Him is more than enough. Mother Teresa is reported to have said "If you cannot feed a hundred hungry people, feed this one". However we do it, by donating to Christian Aid, by physically offering hospitality to someone who is hungry or by paying a little more for a coffee or a meal at the new venture of the Sunrise Café on Snargate Street, we can feed one of the 'this ones'.

Our not enough is always more than enough with Jesus. They and we can be filled with the goodness of God. Whatever the 'storms', whatever 'boat' we are in Jesus is ready to join us – walking on water, walking on the streets and fields of Bewsborough to take our not enough and make it plentiful.

The 'filling' in today's 'Gospel sandwich' is plentiful food, enough that we may be fed by God's grace. The pieces of bread of the sandwich which hold it, our hope and our action as we go out of this place and through the week ahead, are prayers.

Our psalm, in its prayer glorifying God says:

All your works praise you, Lord

The Lord is trustworthy in all He promises

The Lord upholds those who fall

You give them their food at the proper time.

And in our reading from Ephesians St Paul gives us words which might be a prayer for all of us this day:

I pray that out of His glorious riches he may strengthen you with power through his Spirit in your inner being so that Christ may dwell in your hearts through faith, that you may be filled to the measure of all the fullness of God.. ...Now to Him who is able to do immeasurably more than all we ask or imagine, according to His power that is at work within us, to Him be glory in the church and in Christ Jesus throughout all generations, for ever and ever. Amen.



Our weekly sermon recordings can be found on our website, by clicking on the blue link below. We will try to record as many of these as we can.

**[WEEKLY SERMONS](#)**



# Jesus Feeds the Five Thousand

**Matthew 14:13-21**

Jesus fed over five thousand people with five loaves of bread and two fish. Some words from this story are hidden in the basket. Try to find all the words listed below.







## **Courgette & Feta Summer Salad Recipe**

### **Ingredients:**

- 3 courgettes, sliced either lengthways or in rounds, about half a centimetre thick
- 100g feta cheese - mozzarella would work too if you prefer
- 1 red chilli, thinly sliced - for a milder taste, de-seed the chilli first
- Zest of a lemon
- Drizzle of olive oil
- A few fresh mint leaves, shredded

### **Method:**

- Chargrill the courgette slices using a griddle pan or cook on a barbecue
- Cover a large serving plate with the courgette and allow to cool
- Once cooled, crumble the feta over the courgette and then sprinkle the chilli and lemon zest over the courgette and cheese
- Drizzle the olive oil over and sprinkle with the shredded mint - place in the fridge until cold, then serve

**Please note that Revd. Sean is on leave in the following weeks:**

**26<sup>th</sup> July - 7<sup>th</sup> Aug**

**23<sup>rd</sup> Aug - 4<sup>th</sup> Sept**

During these times I will not be picking up calls, messages or emails. For anything non-urgent please still call/message and I will reply on my return from holiday:

07710 423432 or email: [rev.sean.sheffield@bewsboroughparish.org](mailto:rev.sean.sheffield@bewsboroughparish.org)

For anything urgent, in my absence please contact one of our Churchwardens.  
Thank you.

**Zoom Morning Prayer will not be held during these weeks**



# Bewsborough Parish

## Covid arrangements from 19th July\*



Face masks are no longer mandatory, but please wear one if you feel more comfortable doing so.



Social distancing between pews and seating areas is being maintained for the time being. Place markers will continue to be used as guidance. If you are unsure please check with a Churchwarden.



Singing is now allowed. We will offer a reduced numbers of hymns in our services of worship initially.



Please remain in your pew or seat as Communion will continue to be distributed in this manner by the Presiding Priest. The common cup is not being reinstated at this time.



Please stay at home if you have Covid symptoms, have tested positive, or have been asked to isolate.

\* All arrangements are subject to change based on further guidance from the Government and the Church of England. Anyone wishing to take a more cautious approach to face masks or social distancing is welcome to do so, and those choices will be respected by everyone.

**This guidance will be reviewed again at the end of August and further steps taken as we feel able to.**

**Thank you for your co-operation in keeping everyone safe.**